

*THE GAZETTE* – JANUARY 4, 2025

## ANTHONY HOPKINS 49 YEARS SOBER

**Anthony Hopkins is marking 49 years** of sobriety. The actor, who turned 87 on Dec. 31, posted an Instagram video recalling the moment he decided to quit drinking.

“Forty-nine years ago today, I stopped,” Hopkins said. “And I was having such fun. But then I realized I was in big, big trouble because I couldn’t remember anything and I was driving a car drunk out of my skull. Then on that fatal day, I realized



I needed help. So I got it. I phoned up a group of people like me – alcoholic. And that was it. Sober. I’ve had more fun these 49 years than ever.”

Hopkins then turned his attention to those who are struggling with alcoholism. “If you do have a problem – having fun is wonderful, having a drink is fine – but if you are having a problem with the booze, there is help,” he said.

*Postmedia News*